

Township of Union Mental and Emotional Support Resource Guide



The information provided in this Resource Guide is for informational purposes only and the Township of Union Board of Education makes no representations or warranties of any kind regarding these resources. Further, these resources are not intended to service all populations. Please contact the listed providers for additional information regarding programs, security, and answers to any other questions.

Table of Contents

Addiction Services & Support.....	2
Mental Health/ Counseling Services.....	6
Suicide.....	9
Grief.....	10
Popular Toll Free Numbers & Hotlines.....	11
Township of Union School Counselor Contact Information by School.....	12

Addiction Services & Support

- **ALA-CALL:**
 - Family Services 800-322-5525
 - Requirements for services: Free 800-238-2333
 - Provides information over the phone on drug and alcohol abuse
- **ALA-NON ALA-TEEN**
 - 973-744-8686
 - www.northjerseyal-anon.org
 - Requirements for services: Non-profit organization for families and friends of alcoholics
- **GAMBLING**
 - 800-GAMBLER
 - www.800gambler.org
 - Requirements for services: Private, non-profit organization, a desire to stop gambling
 - Groups primary purpose to represent best interests of persons with compulsive gambling problems, focus on education training, treatment referral
- **SUMMIT OAKS HOSPITAL**
 - 800-753-5223 Address: 19 Prospect Ave., Summit, NJ
 - <https://summitoakshospital.com/>
 - Outpatient information for adolescents
 - www.uhsinc.com
 - Out & In-patient for adults, adolescents with drug, alcohol and psychological problems
- **AA Groups in New Jersey**
 - 908-687-8810 Address: 2400 Morris Ave., Union, NJ
 - <https://www.nnjaa.org/>
 - Fellowship of men and women who want to stay sober and help others achieve sobriety/provides information on time and place for meetings
- **NA**
 - **800-992-0401**
 - <https://www.nanj.org/>
 - Non-profit fellowship for men and women for who drugs have become a major problem

- **National Institute for Drug Abuse Treatment Info**
 - 908-662-4357
 - <https://nida.nih.gov/>
 - Directory for substance abusers wanting to get into a program

- **MADD (Mothers Against Drunk Driving)**
 - 877-ASK-MADD
 - New Jersey State Office 609-409-1220
 - <https://madd.org/>
 - nj.state@madd.org
 - Program consists of volunteers who educate schools, organizations against drunk driving

- **Union County Prevention Links**
 - 732-381-4100 Address: 121-125 Chestnut St., Roselle, NJ 07203
 - www.preventionlinks.org
 - Offers community programs and services that enhance substance abuse prevention

- **Substance Abuse Hotline**
 - 800-225-0196
 - www.centerffs.org
 - Referral Drug/Alcohol or Detox Treatment Services, Inform about Drugs/Alcohol, Self-help Meetings, Crisis Counseling

- **High Focus**
 - 800-272-2474 Address: 340 North Ave., Cranford, NJ
 - www.highfocuscenters.com
 - (Private Agency)
 - Adolescents who have abused Drugs/Alcohol – Evaluation, After School Program, Group Therapy

- **Catholic Community Services**
 - 908-497-3900 Address: 505 South Ave., Cranford, NJ
 - www.ccannj.org
 - Individuals 18 yrs. or older for adult services and 13-17 for adolescent services
 - Senior Services, Child Protective Services, Early Childhood Learning Center, Family Resource, In home family services for Hispanics

- **Bridgeway**
 - 908-355-7886 Address: 567 Morris Avenue, Elizabeth, NJ 908-355-7200
 - www.bridgewayrehab.com
 - A desire to function in the community 18 years and older
 - STRIDES (908) 355-7886 High School
 - Rehabilitation, Psychiatric Services, Coping Skills (For Drug/Alcohol and Mental Disorders-MICA)

- **Carrier Clinic**
 - 800-933-3579
 - www.carrierclinic.org
 - Ages 13 and up
 - Offers a wide array of specialized services to care for individuals suffering from psychiatric and addictive illnesses

- **CURA INC.**
 - 973-622-3570
 - www.curainc.org
 - For Spanish speaking individuals
 - Alcohol/Drug Rehabilitation (In/Out Patient Facility)

- **Holy Redeemer Home Health Care NJ North**
 - 908-352-5694 Address: 354 Union Ave., Elizabeth, NJ
 - www.homehealthcareagencies.com/directory/nj/elizabeth/holy-redeemer-nj-north
 - Offer health education and nutritional programs free to community, provides home health care

- **Marijuana Anonymous World Services**
 - 800-766-6779 National Hotline
 - Marijuana Anonymous World Services
 - Will provide contacts in areas across the U.S.

- **Hazelden Betty Ford Foundation**
 - 800-257-7800/800-238-7810
 - www.hazelden.org
 - Drug and Alcohol Treatment Center, Gives Information for specific consumer areas

- **Addictions Hotline of NJ**
 - 800-238-2333
 - www.nj211.org
 - Crisis help, Information about drug/alcohol referral to Detox or treatment services

- **Sunrise House**
 - 973-383-6300
 - www.sunrisehouse.com
 - Insurance needed for adults/adolescents who are in need of help
 - Evaluation, Detox and Rehab Treatment Center

- **Overlook Hospital**
 - 908-522-4800 Address: 46-48 Beauvoir Ave., Summit, NJ 07901
 - www.atlantichealth.org
 - Charity care, Sliding scale and most insurances (Out-Patient)
 - Provides Youth and Adult programs to deal with addictions, this includes both in-patient and out-patient, individual, family and groups

Mental Health/ Counseling Services

- **2nd Floor: Youth Helpline**
 - 888-222-2228 24/7 call or text
 - <https://www.2ndfloor.org/>
 - If you are between the ages of 10 and 24, live in New Jersey, and need to talk about an issue or problem that you are facing
- **Trinitas Hospital**
 - Psychiatric Emergency
 - [Behavioral Health | Trinitas Regional Medical Center | Elizabeth NJ](#)
 - 908-994-7131 Address: 654 East Jersey St., Elizabeth, NJ 07201
 - Anyone in need of psychiatric services
 - Assessment and referral.
- **Trinitas Hospital Out-Patient**
 - 908-994-7223 Address: 655 East Jersey St., Elizabeth, NJ 07201
 - Offers individual and family counseling on an out-patient basis.
- **Trinitas Hospital After School Program**
 - 908-994-7722 Address: 655 East Jersey St., Elizabeth, NJ 07201
 - Must be Union County resident
 - The program is for children ages 9-17 who are experiencing behavioral or emotional problems. The program hours are 4:00 p.m. to 7:00 p.m.
- **Trinitas Hospital Day-Treatment Program**
 - 908-994-7722 Address: 655 East Jersey St., Elizabeth, NJ 07201
 - Union or Essex County resident
 - Partial hospitalization full-day program for children between the ages of 5 and 17 who are experiencing behavioral and emotional difficulties.
- **Union County Crisis Intervention Program**
 - HOTLINE: 908-994-7131 Address: Trinitas Regional Medical Center
 - www.state.nj.us/humanservices
 - Free/Serves Union County
 - County Agency-Programs include Family Crisis/Family Counseling/Therapy 24 Hour Truancy Runaways, Community Service Program for youth referred by court

- **Charter Behavioral Health (Summit Oaks Hospital)**
 - 908-522-7000 Address: 19 Prospect St., Summit, NJ 07901
800-526-4494
 - Offers psychiatric services to both adults and children.

- **New Jersey Alliance for the Mentally Ill (NAMI)**
 - 732-940-0991 Address: 1562 Route 130, New Brunswick, NJ 08902
 - <https://naminj.org/>
 - Offers education advocacy. A support and referral service for the mentally ill.

- **Family and Children's Services**
 - 908-352-7474 Address: 40 North Ave., Elizabeth, NJ 07201
 - <https://facsnj.org/>
 - Offers marriage and family counseling as well as individual counseling.

- **FACT: families and Communities Together**
 - <https://www.factnj.org/>

- **Family Center at Montclair**
 - 973-857-5333
 - [The Family Center at Montclair - Essex ResourceNet](#)
 - 155 Pompton Ave. Verona, NJ

- **Trinitas Regional Medical Center (TRMC)**
 - [Hospital Elizabeth, NJ | Trinitas Regional Medical Center](#)

- **Trinitas Services & Programs**
 - Access/Referral 888-841-5564
 - 24 Hour Crisis Hotline 908-351-6684
 - Psychiatric Emergency/Mobile Outreach 908-994-7131

- **Trinitas Adult Psychiatric Services**
 - Inpatient 908-994-7250
 - Outpatient 908-994-7556/ 908-994-7557/ 908-994-7558
 - Acute Partial Hospital 908-994-7255 Justice Involved Services 908-994-7271

- **Trinitas Development Disabilities**
 - 888-393-3007
 - Dual Diagnosis Inpatient Unit 908-994-7250
 - Integrated Service Delivery Team 908-497-0922
 - SCCAT (Statewide Clinical Consultation & Training) 888-393-3007

- **Trinitas Adult Abuse Substance Services**
 - Partial Hospital, Intensive Outpatient & Outpatient 908-994-7090
 - Women's Addiction 908-994-7120
 - Gambling Program 908-994-7156

- **Trinitas Child/Adolescent Psychiatric Services**
 - Inpatient/Subacute 908-994-7090
 - Outpatient 908-994-7223
 - Partial Hospital 908-994-7722
 - After School Program 908-994-7722
 - Adolescent Substance Abuse Program 908-994-7722
 - Residential Treatment Center 908-994-7380
 - Youth Case Management 908-994-7380

- **Children's Mobile Response & Stabilization 877-652-7624**
 - [Mobile Response Stabilization Services](#)

- **Trinitas Family Resource Center**
 - 908-276-2244 Address: 300 North Ave., Cranford, NJ
 - [Family Resource Center - NJ Family](#)

- **National Mental Health Resource Center Hotline**
 - 800-969-6642
 - [Mental Health America](#)
 - Referrals for mental health services

Suicide

- **Crisis Intervention and Suicide Hotline**
 - 908-654-6735
 - [NJ Hopeline](#)
 - Provides trained volunteers to provide a listening ear and referral services for those that are in need.
- **Crisis Intervention and Suicide Hotline**
 - 908-232-2880
 - [Caring Contact](#)
 - Trained volunteers offer empathetic listening for distressed callers.
- **Trinitas Psychiatric Emergency Room**
 - 908-994-7131 Address: 655 East Jersey St., Elizabeth, NJ
 - [Behavioral Health | Trinitas Regional Medical Center | Elizabeth NJ](#)
 - Adult Crisis (Trinitas) - Mobile Response 908-994-7131
 - Child Mobile Response 877-652-7624
- **National HopeLine Network**
 - 800-784-2433
 - [Caring Contact](#)
 - FREE SERVICE
 - Provides trained volunteers to provide a listening ear and referral services for those that are in need.
- **Girls and Boys Town (FOR KIDS)**
 - 800-448-3000
 - [Crisis Services | Boys Town](#)
 - FREE SERVICE
 - Provides trained volunteers to provide a listening ear and referral services for those that are in need.
- **2nd Floor: Youth Helpline**
 - 888-222-2228 24/7 call or text
 - <https://www.2ndfloor.org/>
 - If you are between the ages of 10 and 24, live in New Jersey, and need to talk about an issue or problem that you are facing

Grief

- **IMAGINE: a Center for Coping and Loss**
 - 244 Sheffield Street Mountainside, NJ 07092
 - 908-264-3100
 - <https://imajinenj.org/>
 - is a grief support center for children, young adults, and families dealing with the death of a parent, sibling, or child. We provide free peer grief support year-round for as long as needed.
- **Good Grief:**
 - <https://good-grief.org>
 - 908-522-1999
 - Grief support center for children and families

Popular Toll Free Numbers & Hotlines

Addictions Hotline of NJ	800-238-2333 www.nj211.org
Division of Youth and Social Services	1-800-NJ-ABUSE (877-652-2873
Crisis Intervention and Suicide Hotline	908-232-2880
2nd Floor Youth Helpline	888-222-2228 24/7 call or text https://www.2ndfloor.org/
Domestic Violence	800-572-SAFE
Division of Youth and Social Services	877-652-2873
Crisis	800-273-8255

Township of Union School Counselor Contact Information by School

[District Counseling Dept. Contact Info. 2023-2024](#)